

FOOTSTEPS WALKING CLUB OF AOTEAROA NEW ZEALAND

the best day-walks in CAPITAL KAPITI

(WELLINGTON-HOROWHENUA-WHANGANUI-MANAWATU)

HIGHLIGHTS

- The wild seascapes, seals and geology of Cook Strait
- “Lord of the Rings” locations along the river in the Hutt Valley
- The glorious cityscapes and harbour views of Wellington
- Mountains hugging beaches along the Kapiti coastal strip
- The Zealandia and Kapiti Island eco-sanctuaries, with their bevy of rare native birds
- The weird “Bridge to Nowhere”, built but never used
- The most polluted river in NZ, but one that carved an impressive gorge (Manawatu)

DATES		20-26 November 2022 / 17-23 Nov 2024	
DATE REGISTRATIONS CLOSE		20 September 2022 / 17 September 2024	
STARTING POINT		Wellington	8.30 a.m.
FINISHING POINT		Palmerston North	7.00 p.m.
COST		6pax\$1000,5pax\$1100,4pax\$1200,3pax\$1300	
DAY	POSSIBLE WALKS		OVERNIGHT
<p>Walks that are highly recommended are printed in red.</p> <p>All times given are for a return (out and back) walk, a loop walk, or a linear walk with transport to/from each end.</p>			
Day 1	<p style="text-align: center;">Meet and greet. Initial briefing.</p> <p style="text-align: center;">City Highlights</p> <p style="text-align: center;"><i>Walks selected from:</i></p> <p style="text-align: center;">Wellington Waterfront (1h)</p> <p style="text-align: center;">Southern Walkway (Oriental Bay to Island Bay) with Mount Victoria (4-5h) (or part thereof)</p> <p style="text-align: center;">Oriental Bay to Mount Victoria (1-2h)</p> <p style="text-align: center;">Paiwhero (Red Rocks) Walkway (to Sinclair Head) (1h30m)</p> <p style="text-align: center;">Zealandia Ecosanctuary (1h30m– own expense)</p> <p style="text-align: center;">Otari-Wilton’s Bush Native Botanic Garden (1h)</p> <p style="text-align: center;">Kaukau and Skyline Walkway (3h30m-4h one way)</p>		Petone
Day 2	<p style="text-align: center;">Harbour Highlights</p> <p style="text-align: center;"><i>Longer Option:</i></p> <p style="text-align: center;">Pencarrow Head (6h) or part thereof</p> <p style="text-align: center;"><i>Shorter Options:</i></p> <p style="text-align: center;">Turakirae Head (2h)</p> <p style="text-align: center;"><i>East Harbour Regional Park: Butterfly Creek Track (2h)</i></p> <p style="text-align: center;">Matiu/Somes Island Loop Track (2h – ferry own expense)</p> <p style="text-align: center;">Makara Walkway (1h30m to Fort Opau, or 3h complete - add 1h for coastal loop)</p> <p style="text-align: center;">Eastern Walkway (Breaker Bay to Gallipoli 2-3h)</p>		Petone

<p>Day 3</p>	<p align="center">Ridgelines and Rivers</p> <p><i>Remutaka (was Rimutaka) Forest Park: Catchpool Valley Orongorongo Track (3h) with possible additions Cattle Ridge Track (2h) and Butcher Track (45m)</i></p> <p><i>Belmont Regional Park: Trig Walk (2h)</i></p> <p><i>Hutt River Walkway: Birchville to Silverstream (3h15m)</i></p> <p>Possible extensions: to Avalon (2h), Melling (45m), Ava (45m), Petone (45m), "Lord of the Rings" locations Kaitoke Regional Park.</p>	<p align="center">Petone</p>
<p>Day 4</p>	<p align="center">Tasman Coast Treats</p> <p><i>Kapiti Island (subject to availability, water taxi own expense): Summit via Trig Track & Wilkinson's Track (3-4h)</i></p> <p align="center"><i>Alternatives:</i></p> <p align="center">Paekakariki Escarpment Track (3-4h) Mataihuka Walkway (1h30m) Mangaone Walkway (Waikanae) (2h) Waikanae River Walkway (1h30m) Waikanae River Estuary and Beach Walk (1h) Hemi Matenga Scenic Reserve (30-1h30m) Colonial Knob Walkway (Porirua) (2-3h)</p>	<p align="center">Waikanae or Otaki</p>
<p>Day 5</p>	<p align="center">Here's To Horowhenua!</p> <p align="center"><i>Walks selected from:</i></p> <p><i>Tararua Forest Park: Otaki Forks: Otaki Forks Walk (20m), Arcus Loop (1h15m), Waitewaewae Track (3h), Fenceline Loop (1h), Waiotauru Track (40m).</i></p> <p><i>The Trig (1h45m), Six Discs Track (3h15m), Waikanae Walks as above (Mangaone River), Manawatu Estuary and Foxton Beach (1h30m), Foxton River Mouth Trail (1h10m), Sunset Walk (1h), Piriharakeke Walkway (1h), Hyderabad Wreck (30m), Lake Papaitonga (40m), Tangimoana Walkway (2h30m).</i></p>	<p align="center">Otaki or Foxton Beach</p>
<p>Day 6</p>	<p align="center">Whanganui National Park and Environs</p> <p align="center"><i>Walks selected from:</i></p> <p><i>Bridge to Nowhere (jetboat own expense) (1h30m), Whanganui River Walk: 3 Bridges (2-3h), Castlecliff to Mowhanau (2h), Bushy Park (2h), Ototoka Beach (1h30m), Lake Rotorangi (40m), Durie Hill Tower (20m), Waitaha Pa (30m), Atene Viewpoint (1-2h), Lake Rotokare Walkway (1h30m).</i></p>	<p align="center">Whanganui</p>
<p>Day 7</p>	<p align="center">Palmerston North/Manawatu Gorge Scenic Reserve</p> <p align="center"><i>Walks selected from:</i></p> <p><i>Manawatu River Pathway (2-4h), Turitea Walkway (1h), Tawa Loop (2h), Upper Gorge Bridge Track (2-3h30m). Manawatu Gorge Track (3h)</i></p> <p align="center">Travel to Palmerston North. Farewell Dinner. Trip concludes.</p>	<p style="background-color: #cccccc;"></p>



Turakirae Head



Bridge To Nowhere