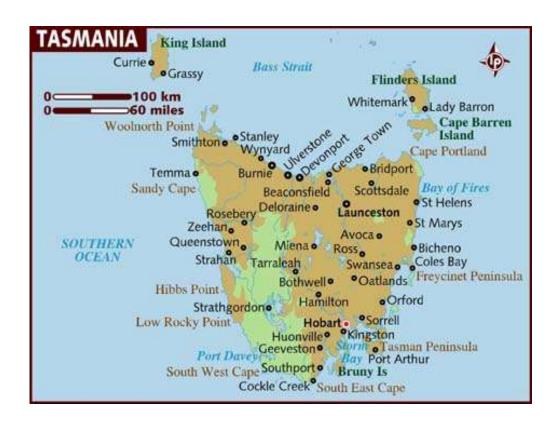
FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA NEW ZEALAND

THE BEST DAY WALKS IN TASMANIA Sunday 25 February – Saturday 16 March 2024



Sunday 25 February to Saturday 16 March 2024
21 days ex-Hobart (including 2 rest days)
(timed for the best weather and to avoid Easter/Tasmanian school holidays)
Leader: Phillip Donnell

Estimated price: \$5750 (excluding airfares)
(based on a minimum of 10 participants and subject to currency
fluctuations)

A comprehensive walking tour covering the whole of Tasmania.

Experience a tremendous range of landscapes across 14 national parks, all four coasts, numerous reserves and several wilderness areas.

Encounter the wildlife, discover the convict past and enjoy Tassie's relaxed style! This is a beaut little holiday...

PRICE INCLUDES:

- Accommodation shared rooms in self-contained hotels, cabins, motels.
- Transport in a comfortable minibus.
- All breakfasts and subsidised farewell celebration dinner.
- Experienced Kiwi trip leader throughout.
- National Park entry fees.

PRICE DOES NOT INCLUDE:

- Flights to / from Tasmania (direct flights are now available).
- Airport transfer fees.
- Lunches and dinners.
- Travel insurance.
- Personal incidentals, excursions, and entry to attractions.



TASMANIA 2024 ITINERARY

DATE	POSSIBLE WALK(S)	OVERNIGHT
	HOBART	
Day 1 Sunday 25 February	Arrival Day: Hobart It is recommended that you fly into Hobart early. Transfer to the hotel in downtown. Use any free time to explore Hobart: Waterfront, Battery Point, Queen's Domain, Royal Botanical Gardens. A wander through the Battery Point historic area of Hobart reveals the delightful original cottages, beautiful stone and brick homes and also the maritime history of this very walkable city. The downtown embraces the harbour, where you will find a wide range of terrific cafes, bars and restaurants in honey-coloured sandstone buildings.	Hobart
	Possible Walks: https://www.greaterhobarttrails.com.au/tracks/walking/hobart/ Battery Point Sculpture Trail (2km), Historic Battery Point (5.8km), Bicentennial Park and Lambert Park (2.9km), City to Royal Tasmanian Botanical Gardens Loop (6.7km), Cornelian Bay to the Botanical Gardens (2.6km), Hobart Rivulet Park (2.7km), O'Grady's Falls (2.2km), Summit Loop Knocklofty Reserve (4km), Alum Cliff and Brickfields (4.7km,2-3h) 6.00 p.m. Initial briefing, followed by dinner together. NB: We spend 2 more days in Hobart (tomorrow and at the end of	
	the tour).	
Day 2 Monday 26 February	Mount Wellington and Wellington Park Looming behind Hobart is Mt Wellington and at 1270m it has marvellous views over the city, harbour and Derwent Valley. The flanks hold many interesting tracks and trails and several hours walking here has many rewards. Possible Walks: https://www.greaterhobarttrails.com.au/tracks/walking/hobart/ Summit ambles (1 km, 30m), Organ Pipes Track (from The Chalet to	Hobart
	The Springs) (4 km,2h), The Springs to Fern Tree via Radfords Track, Middle Track, Silver Falls, Fern Tree Bower (1h30m).	
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Day 3	Port Arthur Area	Port Arthur
Day 3 Tuesday 27 February	Drive from Hobart to Port Arthur (100km,1h30m). We are heading east now to the Tasman Peninsula with photo stops at the many attractive coastal features on the way to Port Arthur. • Historic Richmond Bridge	FOIL AILIIUI
	Cape Pillar/Tasman Island cruise (3h,own cost)	

	Port Arthur Historic Reserve (entry own cost) Port Arthur Historic Reserve is the most important site of Australia's	
	Port Arthur Historic Reserve is the most important site of Australia's convict heritage (a World Heritage listed site) and makes for a fascinating	
	visit. The night time ghost tour is recommended.	
	Coal Mines Historic Site (entry own cost)	
	The remains of a coal mine operated by 'the worst of the worst'	
	criminals.	
	Possible Walks: Settlement to Mineshaft (2h), Main Shaft to Settlement (1h20m), Settlement to Plunkett Point (50m), Full loop (4.7km,2h).	
	Drive to: Remarkable Cave, Tessellated Pavement, Tasman Blowhole, Tasman Arch, Devil's Kitchen.	
	Many striking rock formations along the coastline are easily accessed by	
	car, including Tasman Arch and The Blowhole, two of Tasmania's most visited attractions, as well as Waterfall Bay, Remarkable Cave and the	
	Tessellated Pavement.	
Day 4	Tasman National Park	Port Arthur
Wednesday	Famous for its soaring sea cliffs and monumental rock formations,	
28 February	Tasman National Park is an area of dramatic beauty and natural	
	diversity. The park is situated on the rugged Tasman Peninsula and	
	contains a spectacular coastal environment including soaring 300 metre high dolerite sea cliffs.	
	The park is home to a wide range of land and marine animals, including the brushtail possum, Australian fur seals, penguins, dolphins and migrating whales. It's also home to the endangered swift parrot and many forest-dwelling birds. Endangered wedge-tailed eagles and sea eagles can also be seen overhead.	
	Great views are also found on the park's many bushwalks. Even a stroll of just an hour or two will bring you to the edge of sheer drops overlooking deep chasms, surging ocean, off-shore islands, white-sand beaches, and a waterfall that tumbles down a sheer cliff face into the sea.	
	Possible Walks: Waterfall Bluff (1h30m), Waterfall Bay and	
	Paterson's Arch (3.2km,1h30m), Tatnell's Hill and Waterfall Bay	
	(11.5km,4h30m), Canoe Bay (2h), Shipstern Bluff (3h), Bivouac Bay	
	(3-4h), Cresent Bay (2-3h), Crescent Bay and Mt. Brown (11.5km,4-	
	5h), Cape Hauy (9.4km,3-4h), Cape Raoul (13.6km,5h), Fortescue	
	Bay to Devil's Kitchen (21km,6-9h), Mount Fortescue (14.6km,6-	
	7h), Tatnell's Hill Circuit (19.2km,7h)	
	EAST AND NORTHEAST COAST	
Day 5	Morning: Scenic drive from Port Arthur to Coles Bay (190km,3h).	Coles Bay
Thursday	This is a picturesque drive north. The coast has a string of little settlements	
29 February	and fishing villages, such as Triabunna and Swansea.	

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	Afternoon: Freycinet National Park Possible Walks: Cape Tourville (20m) and Wineglass Bay Lookout (2.8km, 1h30m). Or Wineglass Bay and Hazards Beach Circuit (11km,3h30m), The Wineglass Bay - Hazards circuit makes for a fine walk with a swim included. The famous bay of white sand is one of the most photographed in the world and the saddle lookout is a good spot. Even better for the views and a bit of a grunt is the track up Mt Amos, as the summit is so much higher up. Sea kayaking is also a popular activity in the park and don't forget to check out the excellent visitor centre.	
Day 6 Friday	Morning: Drive from Coles Bay to St. Helens (115km,1h30m). • Bicheno Bicheno is a firm favourite with most Tasmanians, both	St Helens
1 March	as a family friendly destination and for those seeking a slower pace or sea change. It has an interesting granite bound harbour and blowhole.	
	Possible Walk: Foreshore Footway (1h) • Douglas-Apsley National Park	
	Douglas-Apsley National Park contains one of the few uncleared dry forests in the state, with a long history of use by farmers, miners and animal trappers before it was declared a protected area. The park is incredibly diverse, with river gorges and waterfalls, eucalypt forest and heathlands overlooked by a dolerite-capped plateau. The park also supports many rare and endangered species that only exist here.	
	Walks in the park range from short, easy strolls to demanding overnight walks. The Apsley Waterhole, a 10-min walk from the car park off Rosedale Road at the southern end of the park, is a great spot for a picnic, scenic bushwalk and a leisurely dip on a hot summer day. Short strolls from the waterhole take in water views and the picturesque Apsley Gorge, with its tranquil pools and undisturbed river scenes. Possible Walks: Apsley River Waterhole (15m), Apsley Waterhole and Gorge circuit (6km,2-3h).	
	The east coast of Tassie has glorious crunchy white sand beaches and is also well known as the 'seafood coast'. There are a string of little settlements starting with Bicheno. Further north are Chain of Lagoons, Falmouth, Scamander, Beaumaris.	
	*St. Helens, once a centre for tin mining, is the largest town on the east coast and Tasmania's largest fishing port. Possible Walk: St. Helens Point (1h)	
Day 7 Saturday 2 March	Rest Day St Helens	St, Helens
Day 8 Sunday	Bay of Fires	St, Helens

3 March	Eddystone Point, The Gardens, Binalong Bay, Skeleton Bay Reserve, Policeman's Point. A little further north at Binalong Bay begins the Bay of Fires area. The glorious beaches are interspersed with granite rock formations and a reddish orange lichen that from out at sea looked for all the world like fires on shore – hence the name. A wonderful area for beach walking.	
	LAUNCESTON AND ENVIRONS	
Day 9 Monday 4 March	Drive from St Helens to Launceston via St. Marys (165km, 2h) Exploring Launceston Launceston is Tasmania's other 'big city' and northern rival to Hobart. Here we stay for a couple of nights in centrally-located accommodation, with most sights in easy walking distance. Possible Walks: Cataract Gorge Loop (9km,3-4h): A walk through Cataract Gorge is a must. At a leisurely pace, it can fill a couple of hours. Cataract Gorge and Trevallylyn Dam Circuit (13.6km,4h30m) Launceston is known for its parklands and heritage architecture. The city is also the start of the Tamar Valley wine route, and a lovely day can be had on a driving amble northwards along both sides of the valley. There is a wildlife refuge just to the north of the city, numerous little hamlets and excellent wineries offering tastings, the interesting Seahorse World (which also has platypus and echidnas), the imposing Batman Bridge and other interesting sights. If there is enough interest, we could take the van for a circuit up one side and down the other for a very enjoyable day.	Launceston
Day 10 Tuesday 5 March	Fine Weather Option: Ben Lomond National Park The magnificent mountain of Ben Lomond is dominated by an alpine plateau over 1500 metres high and surrounded on all sides by precipitous escarpments. It's also the main destination for downhill skiing in Tasmania. Its stark, treeless landscape is visible from much of Tasmania's north and the road to the top, known as Jacob's Ladder, is sure to leave a lasting memory. Because of the decreasing area of natural habitat available in north- eastern Tasmania, the national park plays an invaluable role in regional wildlife conservation. Of the larger mammals, Bennett's wallabies and wombats are common and are regularly seen in the ski village during summer. Pademelons are abundant in the wet gullies and areas with thick undergrowth while Forester kangaroos have been recorded along the south-west edge of the park. Being able to drive to the plateau, visitors can readily enjoy striking mountain-top features such as dolerite columns and scree slopes. The vegetation of Ben Lomond is different to other parts of Tasmania and in the summer months, the alpine wildflowers are a delight.	Launceston

	Possible Walks: Legges Tor (1h10m), Village to Little Hell Track (1h30m), Summit Link Track (30m), Carr Villa to Alpine Village (2-3h), Ben Lomond Snow Pole out and back (11.5km,3-4h), Misery Bluff-Plains of heaven-Legges Tor (5.1km,3h) Wet Weather Option: Narawntapu National Park Possible Walks: Badger Head (9km,3h), Springlawn Nature Walk (1h), Archers Knob (3h), Springlawn Lagoon and Bakers Beach (12km,3-4h), Archre's Knob-Copper Cove-Bakers Beach (15.5km,5h), Point Vision (15.5km,5h).	
Day 11	We drive from Launceston to Cradle Mountain (via Deloraine and	Cradle
Wednesday 6 March	Sheffield) (150km, 2h15m). Cradle Mountain National Park We spend the day walking in Cradle Mountain National Park. At the visitor centre, which has a café on site, we park up and use the park shuttle buses to access the northern end of the park. From here, the circuit track around Dove Lake, with the brooding ruggedness of Cradle Mountain soaring behind, is inspiring and very beautiful. There are other options as well, plus an Interpretation Centre to check out. A visit to Weindorfers Hut is worthwhile; Gustav Weindorfer, an Austrian pioneer, settled here and it was his conservation efforts that eventually led to the creation of the national park and promotion of visitors to this stunning region. Possible Walks: Crater Lake Circuit (9.4km,5h), Pencil Pine Falls/Knyvet Falls (30m), Mt Campbell and Twisted Lakes (4h), Dove Lake Circuit (6.5km,2-3h), Dove Lake High with Cradle Mountain Face (11km,4-5h), Dove Canyon Loop (5.6km,2h30m), Lakes Loop (7.3km,3h), Enchanted Walk (20m), Marion's Lookout (3h15m), Cradle Mountain Summit (15.4km loop, 6-7h), Cradle Mountain Circuit (12.2km,7h), Cradle Valley Boardwalk (2-4h).	Mountain
Day 12	A further day in Cradle Mountain National Park.	Cradle
Thursday 7 March	See above.	Mountain
	THE NORTHWEST	
Day 13	Canyons and Capes	Stanley
Friday 8 March	Today's journey is in 2 stages ■ Drive from Cradle Mountain to Leven Canyon Reserve (75km,1h15m). The Leven Canyon Regional Reserve is home to the mighty Leven Canyon. The Leven River cuts the deepest limestone ravine in all of Tasmania and it's easily viewable from Cruickshank's Lookout. High-elevation alpine vegetation, fresh mountain air, well-maintained tracks and informational displays that educate you on Tasmania's wild flora and fauna, await in	

this regional reserve. And it's a great way to experience an entirely different landscape from the north coast.

Possible Walk: Circuit Walk (including Cruickshank's Lookout, Forest Stairs, Fern Walk) (1h).

• Drive to **Rocky Cape National Park** (110km, 1h45m)
Striking rock formations, an incredible variety of flowering plants and important Aboriginal heritage all make this park, on the shores of Bass Strait in Tasmania's far north-west, worth exploring. Gnarly rocks contrast with the wild blue ocean and waves pound the coast with intensity, sending up a salty sea spray that fills the air as you meander along the rugged coastline. Swimming in the crystal-clear waters on Boat Harbour Beach is memorable.

Tucked around the small hamlets of Boat Harbour and Sisters Beach, Rocky Cape National Park is mainly a day use park and is best discovered on foot. Choose from short easy strolls or longer day walks into the less-travelled parts of this park, taking in scenic hills, tranquil bays and rocky headlands.

Dig a little deeper and you'll uncover mysterious sea caves, rock pools and secluded beaches perfectly suited to fishing and swimming. As you explore the Park, you will discover rock shelters and caves used by Aboriginal Tasmanians for numerous generations. You'll learn about Tasmanian Aboriginal life in North-West Tasmania as it was when these caves were first occupied many thousands of years ago.

Possible Walks: North Cave and Lighthouse (30m), Rocky Cape Circuit (2h30m), Wet Cave/Lee Archer Cave/Banksia Grove (1h30m), Postman's Track (1h), Inland Track (4h), Coastal Route (4h), Broadview Hill Circuit (10km,3h), Banksia Grove (2km,1h), Sisters Hills Circuit (16km,5h30m).

Day 14 Saturday 9 March

Rest Day in Stanley.

Stanley is a town of perfectly preserved colonial buildings, genteel cafes and quality B&B cottages, all sheltering in the imposing shadow of the Nut, an immense flat topped, volcanic plug rising 150 metres straight up from the water's edge.

Climb the winding path to the top of the Nut for a spectacular 360-degree view and an aerobic workout. For a less strenuous trip, take the open chairlift ride and look out for seals basking in the sun.

Stanley has plenty of fascinating stories, too. You can take a history tour through Stanley's streets, lined with quaint stone cottages dating back to the town's early days when it hosted the headquarters of the Van Diemen's Land Company or visit Highfield Historic Site, home and farm of the company's chief agent.

Stanley

	Optional Walks: The Nut (summit 20m, base track 1h, plateau circuit 35m), Historic Town and The Nut (5.5km,2h).	
	and the true (3.3km)2m.	
	THE WEST	
Day 15 Sunday 10 March	Drive from Stanley to Strahan (via Roseberry and Zeehan) (250km,3h). The drive to Strahan is an interesting drive as we now head in a southwest direction towards the west coast, through some rugged country. and get to see some of the lakes and dams of the extensive hydro schemes. The towns of Tulley, Roseberry and Zeehan along the way also have mining connections and Zeehan in particular is worthy of a stop. Its mining museum is a real gem and includes the huge Gaiety Theatre where Dame Nellie Melba sang. Finally down into Strahan, a fishing port and tourist town at the northern end of huge Macquarie Harbour (many times larger than Sydney Harbour). This is the gateway town to access a number of iconic west coast sights. Local sights include Henty Dunes and pleasant walks around Strahan Harbour. Just to the west is the excellent golden sand Ocean	Strahan
Day 16 Monday	Strahan is quite small and easy to walk around. It has a good range of cafes and restaurants as well. Locals stage a very amusing play" "The Ship That Never Was", which you may care to attend. Strahan and Environs	
11 March	Possible Walks: Strahan Historic Foreshore Walk (2km), Ocean Beach Trail (4km), Hogarth Falls (1km) Optional Excursions (own cost)	
	 West Coast Wilderness Railway Full Day Excursion (Strahan-Queenstown) The Queenstown Explorer will take you past quaint historic stations such as Lower Landing. You won't have to worry about being rushed, as you'll have time to get off at the stations and explore. A highlight is going on a walking trail through the rainforest near Dubbil Barril and seeing Huon pine trees. If you work up an appetite, you'll have roughly 90 minutes to explore Queenstown and find somewhere to eat before returning on the train to Strahan. 9 hrs. Harbour cruise to Sarah Island and the Gordon River. A popular option is taking a World Heritage cruise out on the harbour which includes a guided walk over the convict settlement on Sarah Island and cruising up the sublime Gordon River in the Wild Rivers National Park. 	
Day 17 Tuesday 12 March	Drive from Strahan to Derwent Bridge (125km,2h) The first town passed through is Queenstown, a centre of the mining industry producing copper, silver and gold and surrounded by hills of tailings. Further on, the road climbs up on a high plateau incised by river	Derwent Bridge or Lake St Clair

valleys and with pockets of snowgum forest. More hydro lakes and dams appear.

Franklin-Gordon Wild Rivers National Park (north)

Possible Walks: Horsetail Falls (1km,30m), Nelson Falls (20m).

Lake St Clair National Park (south)

Carved out by glaciers over millions of years, Lake St Clair is Australia's deepest freshwater lake. Located at the southern end of the Cradle Mountain-Lake St Clair National Park, it forms part of Tasmania's Wilderness World Heritage Area and offers spectacular scenery, and an award-winning visitor centre. It is at Lake St Clair that Tasmania's most iconic multi-day walk, the Overland Track, comes to an end.

The atmosphere at Lake St Clair is moody and ethereal – there's an almost enchanted presence at this tranquil place. The Aboriginal name for Lake St Clair is leeawuleena, meaning 'sleeping water', and on still days you can truly appreciate the origins of this name.

The environment around Lake St Clair is among Tasmania's most spectacular. Deep glacial lakes are fringed by dense forests of ancient pines, and the high mountains provide a dramatic backdrop. Native wildlife is abundant in the area – Bennett's wallabies, pademelons, wombats, echidnas, quolls, and platypus.

In addition to the experiences to be had upon the lake, visitors can explore numerous walking trails throughout the park. A range of short and longer tracks meander off through ancient rainforests to alpine lakes or mountain summits. Regardless of which route you choose, you'll find yourself submerged in Lake St Clair's lavish wilderness.

Possible Walks: Short Walk Combo (1h30m), Platypus Bay Circuit (30m), Shadow and Forgotten Lakes Circuit (14km,4h), Echo Point to Cynthia Bay (ferry up lake then walk back,11.2km, 3h), Franklin Beaches (6km,2h)

THE SOUTHWEST

Day 18 Wednesday 13 March Drive from Derwent Bridge to Mount Field Visitor Centre (125km,1h45m).

The highway descends into the excellent farmland of the upper Derwent Valley. We then reach a turnoff to the village of National Park which is the entrance to Mount Field National Park. Declared in 1916, the park is famed for its mountain scenery, alpine moorlands, lakes, rainforest and abundant wildlife.

Mount Field National Park

Possible Walks:

Russell Falls/ Tall Trees/Lady Barron Falls/ /Horseshoe Falls Circuit (6km,2.5h). This classic walk takes in the sublime cascading 40m high Russell Falls. This continues on past Horseshoe Falls to Lady Barron Falls on the Tall Trees Circuit. This superb walk highlights the extremely tall

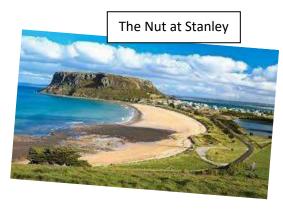
Maydena

	eucalypt forest and other features of the park. There are short walks into some impressive forest. Russell Falls (1.2km,30m), Lake Webster-Tarn Shelf Loop (13.5km,5h30m), Tarn Shelf Circuit (15km,5-6h), Mount Bridges (3h30m), (30m), Pandani Grove (40m), Mount Crooke Loop (3h30m), Marriotts Falls (6km,2h), Lakes Belton and Belcher (4-5h), Mount Field East Circuit (10km,5h), Mt. Field West (16.5km,7h) *The nearby National Park village pub is a good place to have dinner before we head to our accommodation at Maydena (15km,15m).	
Day 19	Further walks in Mount Field National Park	Maydena
Thursday	(see above)	iviayaciia
14 March	(See above)	
14 Mai Cii		
Day 20	Styx Valley of the Giants and Southwest National Park	Hobart
Friday	Heading west to the village of Maydena are the signs to the tall forests of	
15 March	the Styx Valley. These very impressive old growth trees reach over 80m and have been and remain at risk of logging but small reserves have been set up and the whole region is at the forefront of the current timber conservation lobby.	
	Possible Walks: Junee Cave Track (1h), The Needles (3km,2h), Styx	
	Big Tree Reserve (30m), Tolkien Track (3km,1.5h).	
	Drive from Maydena to Hobart (85km,1h20m)	
	Farewell celebration dinner in Hobart	
Day 21	Trip concludes after breakfast.	
Saturday	Fly home to New Zealand or to Melbourne for the Footsteps	
16 March	VICTORIA excursion (16 March – 6 April).	

Below you will find:

Booking Conditions Registration Form Waiver Form





FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA NEW ZEALAND TASMANIA: 25 February – 16 March 2024 Booking Conditions

- 1. Participants agree to all terms and conditions by signing the Registration Form.
- 2. All prospective participants on this trip must be vaccinated against Covid 19.
- 3. Phillip Donnell and *Footsteps Walking and Travel Club* are not responsible or liable for any injury, damage, loss, accident, delay or irregularity which may arise from weather, pandemic, defect in any vehicle, vessel or aircraft, or through the acts or default of any person or company engaged in carrying out any of the arrangements of the trip. Everyone participates entirely at their own risk. The separate waiver form must be completed.
- 4. We reserve the right to cancel the trip if minimum numbers don't eventuate. In such an event, all monies paid will be refunded. The minimum number for this trip is ten.
- 5. Footsteps reserves the right to make any modifications to the trip that may be necessary. The walks undertaken each day are determined by group consensus, but as far as possible we endeavour to meet your personal preferences.
- 6. The trip fee includes subsidisation of the leader/driver administrative and travel expenses, as well as a gift of appreciation/gratuity.
- 7. Registrations close on **30 November 2023**, or earlier if all the spaces are filled. The trip is currently viable in terms of minimum numbers and will proceed.
- 8. Registrations are accepted in good faith on a first comer's basis on receipt of the Registration Form and passport scan. A deposit of \$500 per person is paid at the time of registration. The balance of the trip fee is due to be paid by **31 December 2023**.
- 9. Our preferred method of payment is internet banking to Footsteps, Kiwibank 38-9002-0435674-03. Please write your surname and the name of the trip ("Tasmania") in the reference box.
- 10. Cancellations: If you need to cancel your registration for any reason, you must advise *Footsteps* in writing as soon as possible. An email is acceptable, a phone call alone is not. IN THE EVENT OF CANCELLATION DUE TO THE PANDEMIC, YOU WILL RECEIVE A FULL REFUND. Under *normal* circumstance, cancellations up to 60 days prior incur a 10% cancellation fee. For 60-30 days prior, 30% is deducted. For 30-15 days prior, 60% is deducted. After 14 days prior, there is no refund. If you find a suitable replacement person, the above cancellation fees MAY be waived.
- 11. Personal travel insurance is compulsory. It is recommended that this includes cover for travel plans being disrupted by the Covid-19 pandemic. This is currently available via Air NZ and a range of other insurance companies.
- 12. You will adhere to the Footsteps Covid policy. See below

A registration form and waiver form are at the end of this dossier.

FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA NEW ZEALAND

COVID POLICY AND SAFETY MEASURES

Footsteps would like to thank you for joining one of our excursions to share and experience some incredible destinations with us – you're in for a treat! We trust you are ready to disconnect to reconnect with nature, landscape, wellness and likeminded travellers.

With the 2023-24 Season almost upon us, we thank you for your ongoing support post the COVID-19 pandemic. As a touring enterprise we continue to navigate ongoing uncertainty related to travel. Regardless, the safety of our guests and staff is a priority.

In recent times there has however been significant relaxation of the rules around travel associated with COVID-19. In that context, we have updated our COVID-19 policy and associated safety measures in line with official advice.

Footsteps has appropriate safety measures in place to help manage and mitigate COVID-19 risks on all trips operated by us. We have robust procedures and protocols in place for your wellbeing.

We would like to acquaint you in more detail with the Footsteps Covid policy, which in turn reflects that of most tour companies. These are our expectations, which are now a condition of your booking a trip and travelling with us:

- 1. You will ensure that Covid cover is part of your travel insurance policy. It is essential that you do this in order that that any unexpected circumstances, including risks of needing to cancel tour participation due to COVID or illness, can be reimbursed by your insurance company.
- 2. No guest should present for a tour if they are unwell, or have symptoms that may impact their ability to complete the walks/activities safely, having regard to their own interests and those of fellow guests and guides.
 - If you are older, not up-to-date with vaccinations, or at high risk for other reasons, talk to your GP, community pharmacy or local healthcare provider to find out more.
 - Since airlines no longer require pre-flight testing, you should take a RAT test within 48 hours prior to coming on the trip. If positive, you should not embark on the trip in terms of contact with the rest of the group. You can fly to your destination if you wish, but not participate with the group until you are clear.
 - If upon pick up at our meeting location on day one you are displaying any symptoms, our guides may make a determination as to whether you are fit and healthy, and appropriately equipped, to attend the tour.

- 3. You should wear a mask in all crowded spaces, such as airports, planes, buses, shopping centres, restaurants, transport hubs. It is strongly recommended that you also wear a mask when with the group.
- 4. As an added safety precaution, Footsteps asks that all guests ensure prior to trip departure that they have an adequate supply of face masks, hand sanitiser and an approved rapid antigen COVID-19 test kit.
 - Since RAT tests are not supplied, you need to bring them with you on the trip, and test yourself every 3-4 days, as well as at the first sign of feeling unwell. If you have any suspicion of having Covid, you should do a test. You must also take a RAT test if asked to do so by the trip leader or tour agency.
 - You are most infectious (or contagious) in the first 5 days *after* your symptoms start. You can also spread COVID-19 in the 48 hours *before* your symptoms start. If you never have symptoms, consider yourself most infectious in the 5 days after you test positive.
- 5. Guides may choose to evacuate a guest off the tour if they have concerns about the ability of that guest to complete the walks/activities safely, having regard to their own interests and those of fellow guests and guides.
 - If you contract Covid during a trip, it is anticipated that you will immediately isolate (at your own expense) until such time as you test negative. This may involve moving to another part of an accommodation facility, moving to a different accommodation facility, or returning home early. Isolation is necessary to protect others (from the risk of infection) and also yourself. Rest is vital too much activity while having Covid or while taking anti-virals, can worsen the condition.
 - New Zealand Government advice is as follows:
 If you test COVID-19 positive, self-isolate for 7 days with no further tests.
 If you are a close contact of a positive case: Testing negative at day 3 and day 7 means that you can then you can leave self isolation.
 If you are a close contact who then tests positive your 7 days self-isolation
 - If you still have symptoms on day 7, isolate until 24 hours after you no longer have symptoms.
 - In the event of the need to evacuate a guest from a tour, arranging accommodation, treatment, medication, and meals are primarily your responsibility, as are any additional costs associated with the evacuation. However, our team will reasonably assist in organising these things (after having regard among other things to the interests of fellow travellers and guides).
 - On longer trips, you may re-join the group when your isolation period is over (at least 5 days after showing symptoms). No refund of trip fees is possible in these circumstances.

We cannot guarantee that nobody will contract Covid on any of our trips. That possibility is now a fact of life. However, the above measures are designed to prevent this from happening, and to ensure that everyone knows what to do in the event of it happening.

Thanks for your understanding and anticipated precautions.

Footsteps Walking and Travel Club of Aotearoa New Zealand Tasmania 2024: Trip Registration Form

Complete and send this (along with a passport scan and the waiver form) to our postal address (see base of page) or scan and email. The deposit required is \$500 per person. Our preferred payment method is internet banking into Kiwibank 38-9002-0435674-03 (with covering email please, or your surname/name of trip in reference column).

Send (with passport scan and waiver form) to :	Footsteps, 3/B Te Arawa Place, Welcome Bay, Tauranga 3112.
(signed and dated by each person registering)	
I/We have read the trip information and booking of \$500pp. I / We agree to pay the remainder of trip	•
Contact person in NZ for any emergencies: name, the relationship to you. In the event of any emergauthorizing us to liaise with	•
Specify any dietary requirements, allergies or med	lical conditions
Are you comfortable in close contact with like-mir needed for harmony? Please extend your answers	
Date(s) of birth:	
Email:	
Day/Night phone:	Mobile:
Postal Address:	
Your full name(s) and please underline or highlight	t your preferred first name(s):

Email: footstepsanz@gmail.com

FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA / NEW ZEALAND RELEASE AND WAIVER OF LIABILITY FORM

PROVIDER: Footsteps Walking and Travel Club (Phillip John Donnell)("Footsteps")

PARTICIPANT:			

("the Participant")

I, the Participant, release and forever discharge and hold harmless Footsteps from all and any liability, claims, demands and damages, of whatsoever kind or nature, whether foreseeable or otherwise, either at law or in equity, which arise or may arise from the services and activities provided and arranged by Footsteps.

I understand and acknowledge that this Release and Waiver discharges Footsteps from any liability or claim that I may have against Footsteps in respect of personal injury, illness, medical treatment, death, property loss or damage, and otherwise howsoever, resulting from the services and activities provided and arranged by Footsteps. I hereby waive all such rights and remedies.

I accept that I participate in the services and activities entirely at my own risk.

I acknowledge and accept that this Release and Waiver:

- (a) Extends to and covers all contractors, agents, volunteers and employees of Footsteps; and
- (b) Binds the executors, administrators, successors, attorneys and assigns of both parties.

Signed by the	ne Participant:		
Date:			