

**THE BEST DAY WALKS IN VICTORIA**  
**Sunday 17 March – Saturday 6 April 2024**  
**(incorporating the Easter holiday weekend)**



***21 days ex-Melbourne (including 2 rest days)***  
***Leader: Phillip Donnell***

***Estimated price: \$5750 (excluding airfares)***  
***(based on a minimum of 10 participants and subject to currency fluctuations)***

***A comprehensive walking tour covering most of Victoria.***  
***Experience a tremendous range of landscapes across national parks,***  
***numerous reserves and several wilderness areas.***

## ITINERARY: VICTORIA 2024

| DATE  | POSSIBLE WALK(S)  | OVERNIGHT        |
|---|---|------------------|
| <p>Day 1<br/>Sunday<br/>17 March</p>            | <p><b>Arrival Day</b><br/>It is recommended that you fly into Melbourne early.<br/>Transfer to the hotel in downtown.<br/>Use any free time to explore the downtown area.<br/>If you want a longer walk, we recommend Yarra Bend (11.2km, 3-4h). Start at Studley Park Boathouse or Fairfield Park Boathouse and Bellbird Picnic Area.<br/>The Organ Pipes National Park has a 3km/1h walk to its main feature.<br/><b>6.00 p.m. Initial briefing, followed by dinner together.</b></p>   | <p>Melbourne</p> |
| <b>OTWAYS AND THE GREAT OCEAN ROAD (3 days)</b> |   |                  |
| <p>Day 2<br/>Monday<br/>18 March</p>            | <p>Drive from Melbourne to Lorne (140km, 2h)<br/><i>Walks selected from:</i><br/><b>Great Otway National Park</b><br/><i>Anglesea, Aireys Inlet and Surrounds:</i><br/>Currawong Falls Circuit (12 km, 4h)<br/>Surf Coast Walk (9.7km, 3h30m one way)<br/>Moggs Creek nature Walk (2km, 30m)<br/>Ocean View Circuit Walk (4.5km, 2h)<br/><br/><i>Lorne and Surrounds:</i><br/>The Canyon Loop (8km, 3h)<br/><b>Erskine Falls (9km one way, 3-4h)</b><br/>Kalimna Falls (8km, 3h)<br/>Sheoak Falls (1.2km, 30m)<br/><br/><i>Apollo Bay, Cape Otway and Surrounds:</i><br/>Triplet Falls (2km, 1h)<br/>Little Aire Walk (2.5km, 2h30m)<br/>Madsen's Track Nature Walk (1.2km, 35m)<br/>Parker River Inlet to Cape Otway Lighthouse (6km, 2-3h)<br/>Marengo to Shelly Beach (4.4km, 2h)<br/>Shelly Beach Loop (900m, 30m)<br/>Cape Otway Lighthouse to Aire River (10km, 3-4h)<br/>Cape Otway Lighthouse Cemetery and Lookout Walk (800m,30m)<br/>The Cemetery (2.8km, 40m)<br/>Station Beach/Rainbow Falls (8km, 3h30)<br/>Stringybark Circuit (3k, 1h)<br/>Cape Otway Lighthouse-Aire River-Castle Cove (16km, 4-5h)<br/><b>Aire River to Johanna Beach (12.5km, 4-5h)</b></p> | <p>Lorne</p>     |

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|   | <p>Johanna Beach to Ryans Den (14.4km, 4-5h)<br/>Mairs Rest (Cape Otway)</p> <p><i>Forrest and Surrounds:</i><br/>Lake Elizabeth (Out and Back 2km, 1h or Loop 5km, 2h)<br/>Milanesia Gate to Moonlight Head (12km, 5-6h)</p>   |             |
| <p>Day 3<br/>Tuesday<br/>19 March</p>                                 | <p>Travel Lorne to Princetown or Port Campbell (125km,2h)<br/><i>Walks selected from:</i><br/><b>Twelve Apostles Marine National Park</b><br/><b>Princetown to the Twelve Apostles (6km, 2h)</b><br/><b>Twelve Apostle Walk (500m, 30m)</b><br/>The Gables Lookout (400m, 15m)<br/>Wreck Beach (350m, 30m)</p> <p><b>Port Campbell National Park</b><br/>Port Campbell Discovery Walk (4km, 1-2h)</p> <p><b>Bay of Islands Coastal Park</b><br/>Bay of Martyrs Walk (4km, 2h)</p>   | Princetown  |
| <p>Day 4<br/>Wednesday<br/>20 March</p>                               | <p>Walks selected from those above.<br/>Travel from Princetown/Port Campbell to Warrnambool (60km, 50m)</p>   | Warrnambool |
| <b>THE GRAMPIANS (3 days)</b>   |   |             |
| <p>Days 5 and 6<br/>Thursday<br/>21 March<br/>Friday<br/>22 March</p> | <p>Travel from Warrnambool to Halls Gap (160km,1h45m) and later (possibly) on to Stawell (27km,20m).<br/><i>Walks selected from:</i><br/><b>Grampians National Park</b><br/><i>Northern Area:</i><br/><b>Hollow Mountain/Wudjub-Guyon (3km, 2h)</b><br/>Mount Stapylton (6km, 2-3h or 12.2km, 4-5h)<br/><i>Central Area:</i><br/><b>Mount William (2km, 1h)</b><br/>The Balconies/Reed Lookout (2km)<br/>Venus Baths (2.3km, 1h)<br/>Splitters Falls (1.4km, 45m)<br/>Lakeview Lookout (1.8km, 50m)<br/>Zumsteins to MacKenzie Falls (7km, 2h)<br/>MacKenzie Falls (2km, 1h)<br/><b>Mount Rosea:</b> Out and Back (10km) or Loop Walk (12km) (4-6h)<br/><b>The Pinnacle:</b> from Sundial carpark (2.1km, 45m),<br/>from Wonderland carpark (2.1km, 1h30m),<br/>from Halls Gap (9.6km,5h)</p> | Halls Gap   |

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|   | <p>Mount Rosea to Boroughs Huts (13km, 6-7h)<br/> <b>Wonderland Loop (10.5km, 4-5h) includes Venus baths, Pinnacle, Grand Canyon, Silent Street)</b><br/> Boronia Peak (7.5km, 3h)<br/> Stony Creek-Pinnacle-Sundial Rock-Rosea (11km, 6-7h)<br/> Halls Gap to Bugiga (via Pinnacle Lookout) (8.5km, 5h)<br/> Bugiga to Borough Huts (13.8km, 5-6h)<br/> <i>Southern Area:</i><br/> Brownings Loop (2km, 1h)<br/> Mt. Abrupt (6.5km, 3-4h)<br/> The Chimney Pots (3.7km, 1h30m)<br/> The Piccaninny (2.4km, 1h)<br/> Victoria Valley Road to Dunkeld via Mount Sturgeon (9.5km, 3h)</p>  |           |
| Day 7<br>Saturday<br>23 March                   | <b>Rest Day in Halls Gap</b>   | Halls Gap |
| <b>CENTRAL VICTORIA AND GOLDFIELDS (2 days)</b> |  |           |
| Day 8<br>Sunday<br>24 March                     | <p>Travel from Halls Gap to Bendigo (190km, 2h20m)<br/> <i>Walks selected from:</i><br/> <b>Hanging Rock (4km, 2h)</b><br/> Mount Macedon (18km, 5-7h)<br/> Leanganook (13.3km, 4-5h)<br/> Dayleford to Hepburn Springs (12 km, 5-6h)<br/> Hepburn Springs to Porcupine Ridge (12km, 5-6h)<br/> Fryerstown to Castlemaine ((8-12km, 4h)<br/> Goldfields Track: Heritage Park section (16km, 6-7h)<br/> <b>Goldfields Track: Mount Franklin View (6km, 2h)</b></p>  | Bendigo   |
| Day 9<br>Monday<br>25 March                     | <p>Travel from Castlemaine to Bendigo (37 km)<br/> <b>Free time to explore the city of Bendigo</b><br/> Bendigo is Victoria's fourth largest city, located around 150 kilometres north-west of Melbourne.<br/> <i>Bendigo has a rich and prosperous heritage dating back to the days when gold was discovered in the area in the 1850s. Since then, Bendigo has been the second highest producing goldfield in Australia and remains the seventh largest in the world.</i><br/> <i>Bendigo's rich gold history has produced a city of unparalleled opulence and grandeur. Stunning architecture and manicured gardens are all symbolic of Bendigo.</i></p> <p><b>Alternative:</b> Kooyoora State Park Loop (8km, 3-4h)</p> | Bendigo   |
| <b>HIGH COUNTRY/ALPINE (5 days)</b>             |  |           |
| Day 10  | Travel from Bendigo to Alexandra (165km, 2h)   | Alexandra |

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| <p>Tuesday<br/>26 March</p>              | <p><b>Cathedral Range State Park</b><br/> Friends Nature Trail (2km, 1h loop)<br/> Little River Track (2.2km, 45m one way)<br/> Ned’s Gully Track (2.2km, 1h one way)<br/> Neds Peak Track (250m, 15m one way)<br/> Cathedral Peak Track (650m, 45m one way)<br/> Little Cathedral Track (1.2km, 1h one way)<br/> Jawbone Creek Track (1.4km, 1h one way)<br/> North Jawbone Track (700m, 20m one way)<br/> South Jawbone Track (300m, 15m one way)<br/> <b>Razorback Track (2.4km, 2h one way)</b><br/> Wells Cave Track (550m, 45m one way)<br/> Canyon Track (650m, 45m one way)<br/> Messmate Track (4.4km, 1h30m one way)<br/> Ridge Track (3.8km, 2h one way)<br/> Saint Bernards Track (1.5km, 45m one way)<br/> Northern Circuit (12km, 6h)<br/> Southern Circuit (13km, 5-6h)</p> <p><b>Lake Eildon National Park</b><br/> Pinnacle Walking Track (10km, 4h)<br/> Merlo Lookout to Cook Point (8km, 3h30m)<br/> Coller Bay Walking Track (3.5km, 1-2h)<br/> Keg Spur and Blowhard Spur Tracks: Perfect Cure to High Camp (1.5km, 30m one way), Perfect Cure to Cook Point (5km,1h30m one way), Perfect Cure to School Point (4.6km, 2h one way), High Camp to Blowhard Summit (1.7km, 45m one way).<br/> Merlo Lookout to Blowhard Summit (1.3km, 30m one way)<br/> <b>Blowhard Summit (9km,3h)</b><br/> Point Cook to Blowhard Spur (7.7km, 2h45m)<br/> Blowhard Circuit (21.7km, 6-7h)<br/> Blowhard Short Circuit (14km, 4h30m)<br/> Foggs Lookout and Mount Pinniger (4.5km, 1h15m)<br/> Estate Spur and Bolte Bay Tracks: Point Mibus or Lakeside (3 km, 1h one way), Bedrock Creek (2.2km, 45m one way)<br/> Point Mibus and Point Mead via Estate Spur Track (8.7km,3h15m)<br/> Lakeside to Devils Cove (8km, 1h45m)<br/> Wallaby Bay Walks: Cook Point (2.5km, 40m one way), School Point (7km, 2h one way)<br/> Steavenson Falls (15km, 5-6h)<br/> McKenzie Nature Conservation Reserve (3km loop, 1h15m)</p> |                  |
| <p>Day 11<br/>Wednesday<br/>27 March</p> | <p>Travel from Alexandra to Mansfield (70km, 50m)<br/> <i>Walks selected from:</i><br/> <b>Alpine National Park (around Mansfield and Whitfield)</b></p>  | <p>Mansfield</p> |

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|  | <p><b>Ned Kelly Two Up:</b> Powers Lookout (1.3km) and Stringybark Creek (2km)<br/> Paradise Falls (0.5km,30m)<br/> Eagles Peaks (11.5km, 4h)<br/> Jamieson Stroll (3.7km, 1h)<br/> Mount Howitt (16km, 8h)<br/> Ritchie's Hut (12km, 3h)<br/> Howqua Hills Heritage Trail (3km, 1.5h)<br/> Mount Stirling (16km, 6.5h)<br/> Craig's Hut (3.4km,1.5h)<br/> <b>Mount Cobbler (10km, 3h30m)</b></p>  |        |
| <p>Day 12<br/> Thursday<br/> 28 March</p>    | <p>Travel from Mansfield to Bright via Glenrowan (Ned Kelly's Last Stand) (175km, 2h15m).<br/> <b>Mount Buffalo National Park</b><br/> <i>Walks selected from:</i><br/> <i>There are at least 15 short walks of 45m to 1h30m in duration.</i><br/> Underground River Track (2.5km, 2h one way)<br/> Eastern Plateau Loop (9km, 3h30m)<br/> Rocky Creek Track (13km, 4h)<br/> Macs Point Track (7km, 3h)<br/> South Buffalo Track (8km, 3h)<br/> Back Wall Track (12km,4h)<br/> <b>The Big Walk</b> (11.4km, 4-6h one way)<br/> Mount Buffalo Plateau (16km, 5-6h)<br/> <b>Lake Catani and Chalwell Caves (11.5km, 4-5h)</b><br/> Long Plain Track to Mount Dunn (6 km, 2h)</p> | Bright |
| <p>Day 13<br/> Good Friday<br/> 29 March</p> | <p><b>Alpine National Park (around Bright, Mount Beauty and Falls Creek)</b><br/> <i>Walks selected from:</i><br/> Harrietville (4km, 1.5h)<br/> Dinner Plain Highlights (15km, 5.5h)<br/> Mount Beauty (6km, 2h)<br/> Mount Bogong (15km, 6h)<br/> Ropers Lookout (2km, 1h)<br/> Falls Creek Falls (5km, 2h)<br/> Wallaces Heritage Trail (6km, 2h)<br/> Mount Jaithmathang (13km, 5h)<br/> Fitzgerald and Kelly Huts (12.5km, 4h)<br/> Mount Wills (6km,2h30m)<br/> Mitta Mitta (8km, 3h)<br/> Aqueduct Trail (4km, 1-2h)<br/> Packhorse Heritage Trail (4.5km, 1-2h)</p>  | Bright |

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|                                     | Home and Away (4.3km, 1-2h)<br>Walking on Water (2.75km, 1h)<br>Mountain and Castle (4.5km, 2h)<br>Healthy Spur (10km, 3h)<br>Mount Cope (1.75km, 1h)   |        |
| Day 14<br>Saturday<br>30 March      | <b>Rest day in Bright, Mount Beauty or Falls Creek</b>  | Bright |
| <b>GIPPSLAND (4 days)</b>           |   |        |
| Day 15<br>Easter Sunday<br>31 March | Travel from Bright to Bairnsdale (230km, 3h30m) and later on to Sale (65km,45m)<br><i>Walks selected from:</i><br><b>Mitchell River National Park</b><br>Mitchell River Gorge (part 7km, 2h30m)<br><b>Den of Nargun Loop</b> (3.4km, 1h30m)<br>Woolshed Creek: Deadcock Den, Bluff Lookout<br>Sale Wetlands (15km,4h) (can do part thereof)   | Sale   |
| Day 16<br>Monday<br>1 April         | Travel from Sale to Walhalla (90km,1h15m) and later on to Foster (120km,1h30m).<br><i>Walks selected from:</i><br><b>Baw Baw National Park</b><br>Baw Baw Village (11km,3-4h)<br><b>Mushroom Rocks</b> (3.8km, 1-2h)<br>Walhalla Train, Tram, Trail (16km, 4-5h) (includes 5km train ride)<br><b>Tarra-Bulga National Park</b><br>Macks Creek (13km, 4h)<br>Corrigan Suspension Bridge (1.2km, 30m one way)<br><b>Scenic and Lyrebird Track</b> (6km, 2h)<br>Forest Track (4.4km, 1h30m)<br>Ash Track (680m, 15m one way)<br>Fern Gully Nature Walk (720m, 15m)<br>Scenic Track (1km, 20m)<br>Tarra Valley Rainforest Walk (1.4km, 40m) | Foster |
| Day 17<br>Tuesday<br>2 April        | Travel from Foster to Tidal River (60km,50m)<br><b>Wilson's Promontory National Park</b><br>Norman Beach, Squeaky Beach, Picnic Bay, Whisky Bay are less than 0.5km from carparks.<br><b>Squeaky Beach</b> (4.2km, 1h30m)<br>Loo-Errn Track (1km, 30m one way)<br><b>Three Bays Walk</b> (Squeaky Beach, Picnic Bay, Whisky Bay) (12.4km, 4h)   | Foster |

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|   | <p>Little Oberon Bay (8.2km, 3h)<br/> Pillar Point (3.6km, 1h30m)<br/> Tidal Overlook Circuit (3.8km, 1h30m)<br/> George Bass Coastal Walk (10km,3h)<br/> <b>Vereker Lookout (6km, 2h)</b><br/> Millers Landing Nature Walk (4km, 1h30m)<br/> <b>Mount Oberon (7km, 2h)</b><br/> Tongue Point (5.6km, 1h30m)<br/> Mount Bishop Summit (7.4km, 2h30m)<br/> Picnic Bay and Whisky Bay (4km, 1h30m)<br/> Tongue Point from Darby Saddle (5.6km, 2h30m one way)<br/> Tongue Point from Darby River (3.8km, 2h one way)<br/> Shallow Inlet (400m, 30m)<br/> Darby River-Tongue Point-Darby Saddle-Squeaky Beach (10km, 4-5h)<br/> Lilly Rilly Gully Nature Walk (5.2km, 1h30m)<br/> Lilly Pilly Circuit (5.8km,2h)<br/> Prom Wildlife Walk (2.3km, 45m)<br/> Cotters Lake and Beach (2.4km, 1h)<br/> Big Drift Dunes (4km, 1h30m)</p>   |          |
| <p>Day 18<br/> Wednesday<br/> 3 April</p> | <p>Further walks selected from those above.<br/> Travel from Tidal River to Newhaven (130km,1h50m).</p>  | Newhaven |
| <b>PHILLIP ISLAND (1 day)</b>             |  |          |
| <p>Day 19<br/> Thursday<br/> 4 April</p>  | <p><i>Walks selected from:</i><br/> <b>Cape Woolamai Coastal Circuit (9.2km, 3h)</b><br/> Other walks on Cape Woolamai: Pinnacles (4.4km, 1h30m), Old Granite Quarry (5.6km, 2h), Beacon (7.4km, 2h30m).<br/> George Bass Coastal Walk (7km one way, 2h)<br/> Pyramid Rock to Berrys Beach (5km, 1h30m)<br/> The Nobbies (500m, 20m)<br/> Nobbies Centre to Summerlands ((2.8km one way, 45m)<br/> Conservation Hill and Rhyll Inlet (3 loops of 30m to 1h each)<br/> Rhyll Inlet Wetland Boardwalk (1.2km, 20m)<br/> Oswin Roberts Reserve (3 loops of 30m to 1h15m)<br/> Churchill Island North Point Loop (2.5km, 45m)<br/> San Remo: Cadillac Canyon and Panhandle Flats (1km, 30m),<br/> Coastal Walk (1.2km, 30m)<br/> Forrest Sea Caves (1.4km, 1h)<br/> SS Speke Shipreck (1.8km, 1h)<br/> Opportunity to see the penguins at "Penguin Parade" in the evening (own cost)</p> | Newhaven |

| <b>MORNINGTON PENINSULA (1 day)</b> |  |           |
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| Day 20<br>Friday<br>5 April         | <p>Travel from Newhaven to Flinders (115 km,1h30m) and later on to Melbourne (80km,1h10m)</p> <p><i>Walks selected from:</i></p> <p><b>Arthur's Seat State Park</b><br/> <b>Arthur's Seat (4km, 1-2h)</b><br/>           Arthur's Seat to Kings Falls (7km, 1h30m)<br/>           Kings Falls Circuit Walk (1km, 1h)<br/>           Summit Circuit Walk (1.8km, 1h)</p> <p><b>Mornington Peninsula National Park</b><br/>           Point Leo to Flinders Somers Coastal Reserve<br/>           Bushranger Bay to Boneo Road (5km, 1h30m)<br/>           Bushranger Bay-Pulpit Rock-Cape Schanck (13.5km,3-4h)<br/> <b>Cape Schanck Loop (8km, 2-3h)</b><br/>           Baldry's Circuit Walk (3.6km, 1h)<br/>           Fingal Track (3km, 1h)<br/>           Coppins Track (Sorrento Back beach to Diamond Bay) (3km one way, 1h)<br/>           Farnsworth Track (London Bridge to Portsea (2km, 1h)<br/>           Lifesaving Track (11km one way, 3h)<br/>           Two Bays Walking Track Green Bush section (8.9km, 3-4h)<br/>           Coastal Track (Cape Schanck to London Bridge (30km, 8h)</p> <p><b>Point Nepean National Park</b><br/>           Quarantine Station (1km, 30m to 2h)<br/>           Wilsons Folly Track (1.7km, 40m one way)<br/>           Bay Beach Walk (2.8km, 1h one way)<br/>           Range Area Walk (1.8km, 45m one way)<br/>           Gunners Cottage/Walter Pisterman Heritage Walk (1 km, 45m)<br/>           Cheviot Hill and Harold Holt Memorial (750m,30m)<br/>           Pearce Barracks, Fort Pearce and Eagles nest (800m, 45m)<br/>           Fort Nepean (1 km, 1-2h)<br/> <b>Point Nepean (9.2km, 3-4h)</b><br/>           Koonya to Sorrento Beach (13km,5h)</p> <p>Portsea to Sorrento Artists Trail (15km, 5h)<br/>           Two Bays Walking Trail (26km, 8-10h)</p> <p style="text-align: center;"><b>Farewell Celebration Dinner in Melbourne</b></p> | Melbourne |
| Day 21<br>Saturday<br>6 April       | <p><b>Trip concludes after breakfast.</b></p> <p style="text-align: center;"><b>Below you will find:</b><br/> <b>Booking Conditions, Registration Form, Waiver Form</b></p>  |           |

## **FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA NEW ZEALAND**

**VICTORIA: 17 March – 6 April, 2024**

### **Booking Conditions**

1. Participants agree to all terms and conditions by signing the Registration Form.
2. All prospective participants on this trip must be vaccinated against Covid 19.
3. Phillip Donnell and *Footsteps Walking and Travel Club* are not responsible or liable for any injury, damage, loss, accident, delay or irregularity which may arise from weather, pandemic, defect in any vehicle, vessel or aircraft, or through the acts or default of any person or company engaged in carrying out any of the arrangements of the trip. Everyone participates entirely at their own risk. The separate waiver form must be completed.
4. We reserve the right to cancel the trip if minimum numbers don't eventuate. In such an event, all monies paid will be refunded. The minimum number for this trip is ten.
5. *Footsteps* reserves the right to make any modifications to the trip that may be necessary. The walks undertaken each day are determined by group consensus, but as far as possible we endeavour to meet your personal preferences.
6. The trip fee includes subsidisation of the leader/driver administrative and travel expenses, as well as a gift of appreciation/gratuity.
7. Registrations close on **30 November 2023**, or earlier if all the spaces are filled. The trip is currently viable in terms of minimum numbers and will proceed.
8. Registrations are accepted in good faith on a first comer's basis on receipt of the Registration Form and passport scan. A deposit of \$500 per person is paid at the time of registration. The balance of the trip fee is due to be paid by 31 December 2023.
9. Our preferred method of payment is internet banking to Footsteps, Kiwibank 38-9002-0435674-03. Please write your surname and the name of the trip ("Victoria") in the reference box.
10. Cancellations: If you need to cancel your registration for any reason, you must advise *Footsteps* in writing as soon as possible. An email is acceptable, a phone call alone is not. Under *normal* circumstance, cancellations up to 60 days prior incur a 10% cancellation fee. For 60-30 days prior, 30% is deducted. For 30-15 days prior, 60% is deducted. After 14 days prior, there is no refund. If you find a suitable replacement person, the above cancellation fees MAY be waived.
11. Personal travel insurance is compulsory. It is recommended that this includes cover for travel plans being disrupted by the Covid-19 pandemic. This is currently available via a range of insurance companies.
12. You will adhere to the Footsteps Covid policy. See below.

***A registration form and waiver form are at the end of this dossier.***



FOOTSTEPS WALKING AND TRAVEL CLUB  
OF AOTEAROA NEW ZEALAND

## COVID POLICY AND SAFETY MEASURES

Footsteps would like to thank you for joining one of our excursions to share and experience some incredible destinations with us – you're in for a treat! We trust you are ready to disconnect to reconnect with nature, landscape, wellness and likeminded travellers.

With the 2023-24 Season almost upon us, we thank you for your ongoing support post the COVID-19 pandemic. As a touring enterprise we continue to navigate ongoing uncertainty related to travel. Regardless, the safety of our guests and staff is a priority.

In recent times there has however been significant relaxation of the rules around travel associated with COVID-19. In that context, we have updated our COVID-19 policy and associated safety measures in line with official advice.

Footsteps has appropriate safety measures in place to help manage and mitigate COVID-19 risks on all trips operated by us. We have robust procedures and protocols in place for your wellbeing.

We would like to acquaint you in more detail with the Footsteps Covid policy, which in turn reflects that of most tour companies. **These are our expectations, which are now a condition of your booking a trip and travelling with us:**

1. You will ensure that Covid cover is part of your travel insurance policy. It is essential that you do this in order that that any unexpected circumstances, including risks of needing to cancel tour participation due to COVID or illness, can be reimbursed by your insurance company.
2. No guest should present for a tour if they are unwell, or have symptoms that may impact their ability to complete the walks/activities safely, having regard to their own interests and those of fellow guests and guides.
  - If you are older, not up-to-date with vaccinations, or at high risk for other reasons, talk to your GP, community pharmacy or local healthcare provider to find out more.
  - Since airlines no longer require pre-flight testing, you should take a RAT test within 48 hours prior to coming on the trip. If positive, you should not embark on the trip in terms of contact with the rest of the group. You can fly to your destination if you wish, but not participate with the group until you are clear.
  - If upon pick up at our meeting location on day one you are displaying any symptoms, our guides may make a determination as to whether you are fit and healthy, and appropriately equipped, to attend the tour.

3. You should wear a mask in all crowded spaces, such as airports, planes, buses, shopping centres, restaurants, transport hubs. It is strongly recommended that you also wear a mask when with the group.
4. As an added safety precaution, Footsteps asks that all guests ensure prior to trip departure that they have an adequate supply of face masks, hand sanitiser and an approved rapid antigen COVID-19 test kit.
  - Since RAT tests are not supplied, you need to bring them with you on the trip, and test yourself every 3-4 days, as well as at the first sign of feeling unwell. If you have any suspicion of having Covid, you should do a test. You must also take a RAT test if asked to do so by the trip leader or tour agency.
  - You are most infectious (or contagious) in the first 5 days *after* your symptoms start. You can also spread COVID-19 in the 48 hours *before* your symptoms start. If you never have symptoms, consider yourself most infectious in the 5 days after you test positive.
5. Guides may choose to evacuate a guest off the tour if they have concerns about the ability of that guest to complete the walks/activities safely, having regard to their own interests and those of fellow guests and guides.
  - If you contract Covid during a trip, it is anticipated that you will immediately isolate (at your own expense) until such time as you test negative. This may involve moving to another part of an accommodation facility, moving to a different accommodation facility, or returning home early. Isolation is necessary to protect others (from the risk of infection) and also yourself. Rest is vital - too much activity while having Covid or while taking anti-virals, can worsen the condition.
  - New Zealand Government advice is as follows:  
If you test COVID-19 positive, self-isolate for 7 days with no further tests.  
If you are a close contact of a positive case: Testing negative at day 3 and day 7 means that you can then you can leave self isolation.  
If you are a close contact who then tests positive your 7 days self-isolation restarts.  
If you still have symptoms on day 7, isolate until 24 hours after you no longer have symptoms.
  - In the event of the need to evacuate a guest from a tour, arranging accommodation, treatment, medication, and meals are primarily your responsibility, as are any additional costs associated with the evacuation. However, our team will reasonably assist in organising these things (after having regard among other things to the interests of fellow travellers and guides).
  - On longer trips, you may re-join the group when your isolation period is over (at least 5 days after showing symptoms). No refund of trip fees is possible in these circumstances.

We cannot guarantee that nobody will contract Covid on any of our trips. That possibility is now a fact of life. However, the above measures are designed to prevent this from happening, and to ensure that everyone knows what to do in the event of it happening.

**Thanks for your understanding and anticipated precautions.**

***Footsteps Walking and Travel Club of Aotearoa New Zealand***  
***Victoria 2024: Trip Registration Form***

Complete and send this (along with a passport scan and the waiver form) to our postal address (see base of page) or scan and email. The deposit required is \$500 per person. Our preferred payment method is internet banking into Kiwibank 38-9002-0435674-03 (with covering email please, or your surname/name of trip in reference column).

Your full name(s) and please underline or highlight your preferred first name(s):

Postal Address:

Day/Night phone:

Mobile:

Email:

Date(s) of birth:

Are you comfortable in close contact with like-minded travellers with all the give and take needed for harmony? Please extend your answers overleaf or on separate paper, or by email.

Specify any dietary requirements, allergies or medical conditions

Contact person in NZ for any emergencies : name, address, contact phone numbers, email and the relationship to you. In the event of any emergency, this is the sole person you are authorizing us to liaise with

I/We have read the trip information and booking conditions. I / We enclose the deposit of \$500pp. I / We agree to pay the remainder of trip costs by the due date.

(signed and dated by each person registering)

***Send (with passport scan and waiver form) to :***

**Footsteps, 3/B Te Arawa Place, Welcome Bay, Tauranga 3112.**

**Email: [footstepsanz@gmail.com](mailto:footstepsanz@gmail.com)**

**FOOTSTEPS WALKING AND TRAVEL CLUB OF AOTEAROA / NEW ZEALAND**

**RELEASE AND WAIVER OF LIABILITY FORM**

**PROVIDER:** Footsteps Walking and Travel Club (Phillip John Donnell)("Footsteps")

**PARTICIPANT:**

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("the Participant")

I, the Participant, release and forever discharge and hold harmless Footsteps from all and any liability, claims, demands and damages, of whatsoever kind or nature, whether foreseeable or otherwise, either at law or in equity, which arise or may arise from the services and activities provided and arranged by Footsteps.

I understand and acknowledge that this Release and Waiver discharges Footsteps from any liability or claim that I may have against Footsteps in respect of personal injury, illness, medical treatment, death, property loss or damage, and otherwise howsoever, resulting from the services and activities provided and arranged by Footsteps. I hereby waive all such rights and remedies.

I accept that I participate in the services and activities entirely at my own risk.

I acknowledge and accept that this Release and Waiver:

- (a) Extends to and covers all contractors, agents, volunteers and employees of Footsteps; and
- (b) Binds the executors, administrators, successors, attorneys and assigns of both parties.

Signed by the Participant:

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Date: \_\_\_\_\_